



# THE BEEMER BEAT

Newsletter of the  
BMW Riders of Oregon



March, 2017

Volume 41, Issue #3

Founded 1976 - Charter #83, BMW Motorcycle Owners of America



*photo by Anon*

Here we are after another obliging tourist took our photo for us. The toothy Cuernos del Paine are on the right and Paine Grande is on the left of the photo  
Parque Nacional Torres Del Paine, Chile

## Photos from Chile

We follow the adventures of Keith Matteson and Jalene Case on their grand two-year riding extravaganza through South America.

## Moto-Meals Made easy

Don Chase provides simple instructions—see page 11.

## Ride the Wheels Off Mileage Contest

See pages 5 and 7.



# BMWRO

## Coming Events



### Club Sanctioned Events

- Event:** **Spring Meeting and Buffet**  
**Date/Time:** April 30, 2017, 11:00 am until 3:00 pm  
**Place:** Seven Feathers Casino Resort and Convention Center, 146 Chief Miwaleta Lane, Canyonville, OR  
**Description:** Second quarterly club meeting of the members will be held at this location. **Please register online to pay for the meal.**  
**Cost:** BMWRO Members & guests . . . . . \$10.00/pp  
Not a BMWRO Member: . . . . . \$15.00/pp  
**Contact:** Linda Tewksbury (541) 543-7943 & [bmwro.treasurer@gmail.com](mailto:bmwro.treasurer@gmail.com)
- Event:** **Memorial Day Weekend Camping**  
**Date/Time:** May 26, 2017, 1:00 pm until Monday, May 29, 2017, 11:00 am  
**Place:** Eagleview Group Campground  
1771 Bullock Road, Oakland, OR  
**Description:** There are only 10 RV pads available, so please be sure to register early. To assure an RV pad please email [bmwro.treasurer@gmail.com](mailto:bmwro.treasurer@gmail.com). Otherwise it will be first come first serve. There are lots of tent sites available and notification is **not** required to save a site. Food will not be provided, but grills will be available. Eagleview Group Campground is situated between the Pacific Coast and the city of Roseburg, Oregon.  
**Contact:** Linda Tewksbury, **541-543-7943** & [bmwro.treasurer@gmail.com](mailto:bmwro.treasurer@gmail.com)
- Event:** **Chief Joseph Rally 2017**  
**Date/Time:** June 23-25, 2017  
**Place:** Grant County Fairgrounds, John Day, Oregon  
**Description:** The Fairgrounds has it all: green grass camping, hot showers, clean rest-rooms, a large Pavilion building for meals, improved **Wi-Fi** and an RV Park along the John Day River—doesn't get any sweeter. All within walking distance of downtown hotels, motels, shopping and restaurants & John Day's own micro-brewery & pub.  
**Contact:** Doug Tewksbury at **541-543-7320** or [bmwro.rallymaster@gmail.com](mailto:bmwro.rallymaster@gmail.com).

- Event:** **Women Riders Campout**  
**Date/Time:** August 3-6, 2017  
**Place:** Pioneer Ford Campground along the Metolius River, about 6.8 miles north of Camp Sherman.  
**Description:** Rustic camping under Ponderosa Pine forest beside the Metolius River. Potable water, picnic tables, fire ring, vault toilets.  
**Limited space.** Please sign up on the [bmwro.org](http://bmwro.org) website event calendar or contact one of the hosts. Good paved routes and off-road routes in the area. Gas & groceries in Sisters, 22 miles away. Meals on your own or shared; we usually pool our resources and come up with some tasty creations.  
**Contact:** Alice LeBarron [alicelebarron@hotmail.com](mailto:alicelebarron@hotmail.com) or phone **541-647-7194**  
Robin Dunn [robindunn2005@msn.com](mailto:robindunn2005@msn.com) or phone **541-226-6595**
- Event:** **Umpqua River Campout**  
**Date/Time:** Friday, Sept 8th 1pm to Sunday, Sept 10th 11am  
**Place:** Horseshoe Bend Campground, Deer Flat Group Site in the Umpqua National Forest, 31 miles east of Glide on Hwy 138  
**Description:** Rustic camping along the Wild & Scenic Umpqua River with good paved and gravel routes in the area. Potable water, picnic tables, fire rings, flush toilets. Plenty of space but please contact host if you are planning to bring an RV; no hook-ups available. Please sign up on the [bmwro.org](http://bmwro.org) website event calendar or contact host.  
**Cost:** Free to BMWRO members. \$10 for non-members  
**Contact:** Alice LeBarron [alicelebarron@hotmail.com](mailto:alicelebarron@hotmail.com) or phone **541-647-7194**

### Recurring Events

- Event:** **Central Oregon 2<sup>nd</sup> Saturday**  
**Date/Time:** Second Saturday of each month  
**Location:** Various ride and lunch locations in the Central Oregon Region.  
**Contact:** Alice LeBarron **541-647-7194** & [alicelebarron@hotmail.com](mailto:alicelebarron@hotmail.com)
- Event:** **Central Western Friday Lunch**  
**Date/Time:** Every Friday around noon-ish  
**Place:** Various places around Eugene. Check the events calendar [online](http://bmwro.org) for locations.



**Event:** **Central Western Region  
1st Saturday Ambassador  
Ride**

**Date/Time:** Various dates and times. See the event calendar on the web site for more information.

**Location:** European Motorcycles of Western Oregon

**Description:** Various routes.

**Contact:** Jim Breen, **541-912-4500** or [jpbior@aol.com](mailto:jpbior@aol.com) or Bob Metzger **608-642-1186** [bobmetzger51@gmail.com](mailto:bobmetzger51@gmail.com)

**Event:** **Southern Oregon 1<sup>st</sup> Saturday**

**Date/Time:** First Saturday of each month

**Location:** Various lunch/breakfast and ride locations for southern Oregon members.

**Contact:** Dan Hall, [dnehall@frontier.com](mailto:dnehall@frontier.com) Mark Collier **541-499-1395** [mcollier5895@gmail.com](mailto:mcollier5895@gmail.com)

**Event:** **NW Oregon 1<sup>st</sup> Saturday Ride**

**Date/Time:** First Saturday of each month

**Location:** Various breakfast and ride locations in the Northwest Oregon Region.

**Description:** Finding the twisties and connecting with our membership for grins and food sharing.

**Contact:** David Peterson **503-327-5592** [dwpeterson01@yahoo.com](mailto:dwpeterson01@yahoo.com) Mike Ripley **503-789-2966** [gobeezer@live.com](mailto:gobeezer@live.com)

**Event:** **Doc Wong Riding Clinic**

**Date/Time:** Second Saturday of each Month, 9:00 am

**Location:** Mr. Ed's Moto: 414 Queen Avenue, Albany

**Contact:** Don Weber **541-791-5142** [don@mredsmoto.com](mailto:don@mredsmoto.com)



## **Event: Spring Meeting and Buffet**

The Spring meeting has been set up for Sunday, April 30th at Seven Feathers Casino and Resort Conference Center in Canyonville, OR. The time is from 11 AM to 3 PM, with lunch around noon time, in the Grape and Huckleberry rooms. Although the lunch and meeting will not take the full length of time, the space will be available for those who prefer to hang out and visit with one another.

Registration is strongly encouraged so that the proper amount of food can be ordered for the buffet. Half the cost of the meal will be picked up by the BMW Riders of Oregon club. Members are charged a fee of \$10.00 while the club will also pick up some of the cost for non-members, the cost will be \$15.00.

To register, click here or go to the club event calendar at <http://bmwro.org> and select the Spring Meeting And Buffet—4/30/2017

### **Buffet lunch:**

The menu has been determined and posted on the event calendar. Please check the event calendar for updates.

Canyonville, OR is about 20 miles south of Roseburg with some fantastic roads for riding your motorcycle. Temperatures in the area in the end of April are forecasted to be in the high 60's to low 70's during the day and mid 40's at night. This will be a great opportunity to explore a new area with other riders.

A group ride will be arranged for those of you that would like to join in after the lunch and meeting. The route has yet to be determined and more details will be posted as the time approaches.

For those that would like to spend some time in the area, a small block of rooms has been blocked off at the resort with discounted room rates. For one king bed or two queen beds the rate for Saturday night will be \$115 plus room tax and/or \$95 for Sunday night at members own expense. To reserve a room, call **1-888-677-7771** and let them know you are with BMW Riders of Oregon for those rates. For those of you with motor-homes or travel trailers that wish to bring your home with you, there is a beautiful RV park across the highway, that is part of the resort with 24 hours a day shuttle service. Both the hotel and the RV resort have a heated indoor pool and hot tubs. Rates for the RV park for April 2017 have not yet been established. To reserve at the RV Resort, call **541-839-3599**. There is also free RV dry camping in one of the Resort's parking lots. For the real hardy tent campers (since temperatures are usually in the mid 40's at night at the end of April), Stanton Park is within walking distance, at a rate of \$15 per night for tents and \$23 for full RV hook-ups. The phone number for reservations is **541-839-4483**.

Although it is some time away, it is never too early to think about Spring riding. I hope many of you can join us for what looks to be a great meal, fantastic riding and be a part of the club meeting

# BMWRO President's Message

by Bob Metzger

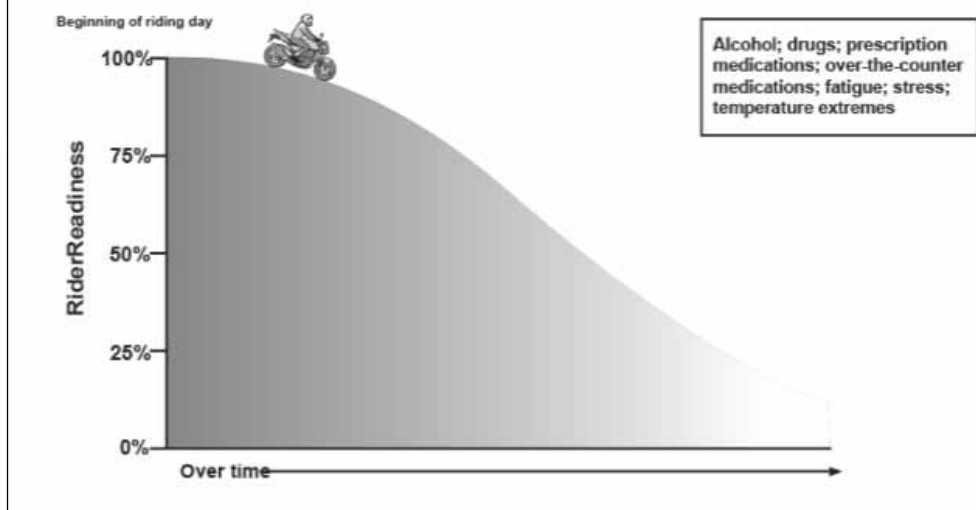


## Rolling On... Getting Your Kicks, But Not On Route 66!

It's no secret, and if it ever was, it's now out. I like coffee, *good* coffee. I plan my motorcycle journeys around coffee. Yelp\* (iPhone locator app) is never far from hand. I tell time by coffee. In recent years, many studies have touted the benefits of the antioxidants contained within coffee. Good for me! Whenever a doctor has told me, "Cut back on the coffee." My answer has always been, "Uh, I don't think so!"

Lindy and I used to be in the coffee roasting business. Someone, once said that if you truly love what you do, you'll never go to work a day in your life. Perhaps. We worked plenty, and overall I would admit it was mostly an enjoyable experience. Like most things in life, coffee consumption can be overdone. Mark Twain once remarked, "All things in

## Pathway to Impairment



moderation, except moderation." I'm pretty sure he was talking cigars and whiskey if memory serves me.

At this point in your reading, you're probably thinking to yourself—*where in the heck is Bob going with this?* Rider Readiness! As motorcyclists, we are exposed to many factors which can impede our Rider Readiness. We begin our ride strong and alert and finish the riding day exhausted. Let's have a think about impediments to rider safety.

### Fatigue

There is an old Golden Earing song—*Radar Love*. You remember the lyric, "I've been driving all night my hands wet on the wheel." I'm guessing that there is a component of fatigue, at least implied here. Show of hands. Be honest. Have you ever seen a mailbox move at night? Have you ever wondered to yourself, "How did I get here?" You can't recall one landmark in the past five miles. Yep, you are guilty of driving / riding fatigued.



### Temperature Extremes

Again, let's be honest. When we ride in extreme temperature are we giving the ride our full attention? No. We are thinking mostly about how uncomfortable we are at the moment.

### Over-riding Your Abilities

Over-riding abilities most often takes place on group rides. Less experienced riders try to maintain the pace of the group and struggle. Anxiety goes up, and what little skills the new rider may have begin to quickly diminish. Ride your own ride is the best strategy in this event.

How can a motorcyclist recognize when they begin riding with diminished skills? My favorite tell-tale sign to realize I'm not in top form is the loss of smooth operation of my machine. Perhaps I miss an up or down shift. I come to a stop with a loss of balance. You all know the feelings. The best ways to deal with fatigue is to stop and get out of the saddle, slow down or stop for the day. Take a nap. Remember it's about the journey, not the destination. Here is our favorite strategy, take a brake, preferably with coffee!

## Coffee As A Strategy

In my educated opinion, coffee comes in three basic forms. The good, the bad, and the ugly. When making coffee / espresso you either care about the outcome, or you don't. Lindy and I love to seek out the best coffee on our journeys and often we find the best coffee in the least expected places. It's been said, that I can smell coffee roasting miles away. I'm proud to say that it's true. We've been known to ride 100 miles off the most direct route between points A and B for a good espresso!

Americans are coming to realize what European cultures have recognized for centuries. The local coffee house provides more than coffee. It is a third space. It is not work, it is not home with their respective demands on our time. It is a place to sit, relax, regroup, reflect, exchange information, get directions, and make new friends. Most importantly for us, as motorcyclist, the coffee house is a refuge from the elements and a place to refocus, and rejuvenate.

As I bring this month's column to a close, I want to leave you with a few of my favorite coffee experiences, near and far. Perhaps in your travels one day you'll visit one of these gems.

### Near

**Jiffy Market** in Eugene. Jiffy turns in a solid performance with every cup. They care, therefore they get good results. When you order a cappuccino, you actually get one! Marvelous. (☆☆☆☆)

**Tried and True**, downtown Corvallis. These folks take coffee to a whole new level. They are definitely crafts-persons of the bean. (☆☆☆☆)

**Siuslaw Coffee Roaster**. Old Town Florence. On-site roasting facility, and one of my favorite coffee destination rides when I only have a few hours. Located in the shadow of the historic 101 bridge. (☆☆☆☆)

### Far

**Road House Java**. New Meadows, Idaho. A pearl in an

oyster town. A great place to hang out on Highway 95 in one of the dozen brightly painted Adirondack chairs and soak in sun. (☆☆☆)

**Wake Cup Coffee**. Fort Benton, Montana. Drop off the high plains and into the headwaters of the Missouri River in this historic little town. A great coffee place and the breakfast is first rate. (☆☆☆☆)

**Kafé Utza**. Miles City, Montana. The best adaptive use of everyday items. Blender jars are lampshades. A wheelbarrow is a vent hood for the roaster. Pastries are extraordinary! (☆☆☆☆)

### Farthest Yet

**Kaladi Brothers Coffee**. Anchorage, Alaska. Simply the best roasted coffee anywhere in North America. Ever, period. (☆☆☆☆)

Remember, keep yourself mentally sharp. Focus on your ride at all times. Don't succumb to distracted driving in any form.

*Head and eyes up!*

*Bob*



## 2017 EMWOR Mileage Contest

As if we needed an excuse for riding, **European Motorcycles of Western Oregon** announces its first annual 2017 mileage contest—sign up begins March 4, 2017. Come in for First Saturday Coffee and get signed up. The contest will conclude with a finale party on October 7th. Prizes are generous, so let's support EMWOR efforts!

### European Motorcycles of Western Oregon

2891 W 11th Ave, Eugene, OR (541) 338-0269

send questions to Jeff Sawyer ([jsawyer@emcwor.com](mailto:jsawyer@emcwor.com)) for details.

There are monthly prizes for mileage accumulation and unlike most mileage contests, there are ways to earn bonus miles; for example, tagging European Motorcycles of Western Oregon in a Facebook ride post. See full page details on page 7 of this issue.

Remember there is a group ride leaving at 10:00 a.m. on March 4.





## NEW MEMBERS

### Motorcycle

**James Howard**, Aloha, OR ..... 2009 BMW F650GS Twin  
**Colleen Bennett**, Portland, OR ..... 2014 BMW F800GS Adventure  
**Darren Bricco**, Newport, OR ..... 2016 BMW F800GS  
**Larry Clark**, Bend, OR ..... 2015 BMW R1200RTLC  
**Joyce Graesch**, Florence, OR ..... 2016 BMW F650GS  
**Charles Kollerer**, Bend, OR ..... 2011 BMW R 1200 RT  
**Brad Stark**, Bend, OR ..... 2010 BMW R1200 GS  
**David Stubbs**, Medford, OR ..... 2005 BMWGS1200  
**Mark Wegener**, Happy Valley, OR ..... 2016 R1200 GSA  
**Ken Maxwell**, Grants Pass, OR ..... 2007 R1200GS

## Bylaws, Policies & Guidelines

If you are interested in any of the above, just visit our website and download. [www.bmwro.org](http://www.bmwro.org)

## FIND THE BMWRO NEW MEMBER APPLICATION FORM ONLINE:

[HTTP://BMWRO.ORG](http://BMWRO.ORG)

## BMWRO Club Officials

### President:

Robert Metzger (608-642-1186)  
[bmwro.pres@gmail.com](mailto:bmwro.pres@gmail.com)

### Vice President:

Scot Lamper, (503-706-1601)  
[bmwro.vp@gmail.com](mailto:bmwro.vp@gmail.com)

### Secretary:

Alice LeBarron, (541-647-7194)  
[bmwro.secretary@gmail.com](mailto:bmwro.secretary@gmail.com)

### Treasurer:

Linda Tewksbury (541-543-7943)  
[bmwro.treasurer@gmail.com](mailto:bmwro.treasurer@gmail.com)

### BEEMER BEAT Editor:

Forest McGregor, (541-761-2320)  
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### Webmaster:

Doug Tewksbury  
[bmwro.web@gmail.com](mailto:bmwro.web@gmail.com)

### Club Liaison

Doug Tewksbury  
[bmwro.news@gmail.com](mailto:bmwro.news@gmail.com)

### Activities

Scot Lamper, (503-706-1601)  
[bmwro.vp@gmail.com](mailto:bmwro.vp@gmail.com)

## Ambassador Program Welcomes New Members

Ambassadors for the Four Regions are:

### Central Western Region

(South of Salem, including Eugene & Oakland from the coast to the Cascades).

**Jim Breen**—541-912-4500

[jpbior@aol.com](mailto:jpbior@aol.com)

**Bob Metzger**—608-642-1186

[bobmetzger51@gmail.com](mailto:bobmetzger51@gmail.com)

### Central & Northeast Region

(East of The Dalles, including I-84 to Ontario, south of Columbia River to US 20, Baker City & including US 20 to LaPine. Includes Camp Sherman/Bend/Redmond/Sisters & Prineville area).

**Alice LeBarron**—541-647-7194

[alicelebarron@hotmail.com](mailto:alicelebarron@hotmail.com)

### Southern Region

(Oakland, OR into California. The coast through Klamath Falls).

**Dan Hall**—541-862-7411

[dnehall@frontier.com](mailto:dnehall@frontier.com)

**Mark Collier**—541-499-1395

[mcollier5895@gmail.com](mailto:mcollier5895@gmail.com)

### Northwest Region

(from Longview, WA south through Salem, OR, the coast to the Cascades, including The Dalles).

**David W. Peterson**—503-327-5592

[dwpeterson01@yahoo.com](mailto:dwpeterson01@yahoo.com) & [www.wfodave.smugmug.com](http://www.wfodave.smugmug.com)

**Michael Ripley**—503-648-0578

[gobeezer@live.com](mailto:gobeezer@live.com)

Please call or email your regional Ambassador for club outings and rally information.  
We can assist you with learning more about BMWRO



## 2017 Highlights:

- Registration starts Saturday, March 4<sup>th</sup> at European Motorcycles of Western Oregon
- Final mileage will be verified on Saturday, October 7<sup>th</sup>
- Monthly prizes will be given during 1<sup>st</sup> Saturday Coffee each month
- Grand prize will be awarded during finale party on October 7<sup>th</sup>
- Bonus miles will be awarded for:
  - Attending 1<sup>st</sup> Saturday Coffee (100 miles)
  - Attending shop rides (200 miles)
  - Getting a non-BMW or non-Ducati friend to participate (200 miles)
  - Tag us on your Facebook ride post (200 miles)
  - \*Submitting picture of you & your bike with police officer, Oops! (300 miles)
  - \*Submitting picture of your bike's flat tire, Ouch! (300 miles)
  - \*Submitting picture of you & your bike at designated landmarks:
    - Haystack rock at Cannon Beach (100 miles)
    - Mary D. Hume Shipwreck (100 miles)
    - Crater Lake (200 miles)
    - Steens Mountains (300 miles)
    - Hells Canyon (400 miles)
    - Craters of the Moon National Monument (500 miles)
    - Leavenworth, WA (500 miles)
    - Petrified Forest, Sonoma, CA (600 miles)
    - Cape Flattery, WA (1000 miles)
    - Portland, ME (5000 miles)

\*Submit pictures to Jeff @ [jsawyer@emcwor.com](mailto:jsawyer@emcwor.com)



## Keith Matteson and Jalene Case a Photo Journal from Chile



**Looking across Lago Azul on our ride in. The wind was blowing pretty fresh here, and hands quickly got cold if you took your gloves off.**

*photo by a fellow from Portugal*



We decided to hop on this nice catamaran that was just leaving for the one-hour tour to the glacier, hoping to see big chunks calving into the water. We saw some little ones, but even they make a heck of a bang when they hit the lake.

*photo by Keith Matteson*

It was fun to see how blue the stuff was when the sun hit it just right. Looked like frozen aged whipped cream peaks sometimes. The crazy shapes were endless.





## Glacier Edge and Melt Waters

*photo by Keith Matteson*

A better look through the tunnel where the very toe meets the other side of the lake shore. I wondered if wind or water played the larger role in eroding it out and keeping it open. This tunnel is a feature in that location in nearly all photos I saw of the glacier over a span of many years.

*by Keith Matteson*

From the upper viewing platforms, you can get a look at the north face of the glacier, which is about 3 kilometers long, stretching to the trees in the distance Colonia Francisco Perito Moreno, Santa Cruz, Argentina.



Riding the dirt roads of Chile means you have to put up with distracting views like this. These are around to the west side, and are known as Cuervo Principal and Cuervo Este. You can see the Torres del Paine—roughly, Towers of Blue—Mascara, Hoja, and Espada behind them.

*photos by Keith Matteson*



**Left to right - Cuerno Norte, Cuerno Principal, and Cuerno Este.**

*by Keith Matteson*





**Jalene Case with glacier edge in background**

On the way back we had some fun taking pictures of each other.



**Keith Matteson**

To see more images, visit Keith Matteson's Facebook page or click [here](#).



**Picture Postcard Perfect**

Finally it was time for a bit of a break, we found a spot at the south end of Rio Paine and parked the bikes for a bit.



# Making Healthy And Hearty Meals While Moto-camping

by Don Chase

There are four “food” types of riders when moto-camping—Moto-camping is what I call motorcycle camping. There’s the freeze-dried food and JetBoil types. The heat up a can of beef stew or chili types. And, the “I eat at a restaurant or tavern” types. Then there’s a few of us who cook a delicious supper when moto-camping. It’s not really that difficult, or messy, nor does it require a lot of gear. It’s much more rewarding than “pouch-food” and there’s not always an eatery around, especially when adventure riding.

Let’s break some new ground here on an easy to make and good moto-camping recipe. One that’s healthy and filling for you and your fellow riders. How about only having to pack three ingredients! A package of spaghetti (12 oz.), a can of diced chicken (4.5 oz), and a can of cream of mushroom soup (10.5 oz). You can easily pick up these three ingredients at almost any grocery store or country convenience store/gas station. You can add other ingredients like canned vegetables or whatever else you might desire—hot sauce, seasonings, fresh vegetables, etc.

You’ll need to have a heat source like a camp stove or a fire, a can opener, a pot (one that holds about 1 quart or more), a utensil (a plastic “foon” or “spork” will do), and water. A JetBoil will do but they’re not good for controlling the heat and the pot is just too small. JetBoil stoves are great for boiling water for coffee or freeze-dried food. A “gaz” stove (uses gas canisters) or a fuel stove (e.g., MSR) is ideal because you can control the heat for cooking. Small portable stove technology is really changing and there’s lots of new options but that’s another discussion.



So, let’s get started. Pour at least 3 cups of water into your pot. Break the spaghetti in half (or into smaller pieces—it’s easier to stir) and add it to the pot. Stir. Next add the canned chicken with the water in the can along with the can of cream of mushroom soup. Stir to mix well. Heat until pasta is cooked about 10–12 minutes. Stir often to avoid the food from burning on the bottom. You may need to add more water as it cooks. Wow! That was easy peasy. You now



have a hearty meal with carbs and protein that will keep your energy up for another long day of riding.

Want to try more and ‘up it a notch?’ A little home preparation prior to your trip will help expand your moto-camping culinary experience. Try putting a couple of chicken bullion cubes (remove the wrapper) along with a couple of tablespoons of flour, 2–3 tablespoons of powdered milk, half a package of spaghetti (broken up, or other pasta, about 6 oz.), a teaspoon of garlic powder and a dash of seasoning salt in a small ZipLock® Bag. Bring or buy a can of diced chicken (4.5 oz) and a small can of peas and carrots (8.5 oz). When you get to camp that night simply bring 2–3 cups water to a boil and then add the contents of your ZipLock® bag that you made at home, the can of chicken and can of vegetables. Mix well and continue to occasionally stir while cooking for 10–12 minutes until the pasta is done. You now have a healthy and hearty Chicken Alfredo supper.

There’s no limit if you want to be creative in preparing your seasoning packet/baggie at home for delicious and healthy moto-camping meals. For example, pack 1 cup lentils, 2 chicken bullion cubes, 1 teaspoon ground cumin, 1 tablespoon onion powder, 1 tsp garlic powder, salt and pepper in a ZipLock® bag. Buy a can of diced tomatoes (14.5 oz) and a can of diced chicken (4.5 oz). At camp bring 3 cups of water to a boil, add ZipLock® bag of ingredients along with chicken and diced tomatoes. Cook until lentils are done and in about 10–15 minutes you have a wonderful, protein rich and healthy lentil soup. Invite other riders to make their own supper creations—it’s another fun addition to your adventure. Keep a log of recipes that worked and those that ‘needed some improvement’ for future moto-camping trips. It’s all part of the adventure.

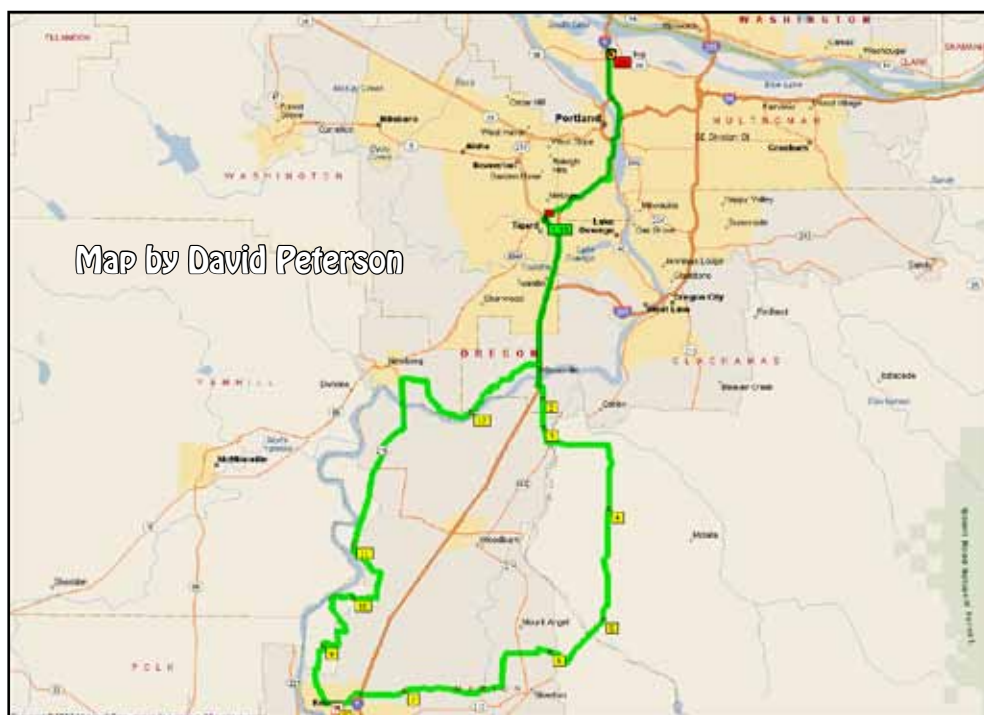


# NW Ambassadors Ride Report – February 2017

David Peterson #90113  
Michael Ripley #191665

What's turned out to be the wettest February in Portland history gave us a reprieve on the First Saturday, February 11th (second Saturday, but who's counting?). And a gracious reprieve it was, given the snow that dominated January, upending our event and breaking our string of 35 consecutive months with a ride. It didn't much matter either; there wasn't a single alternate weekend in January that would have been more cooperative.

So it was with eager anticipation that we gathered in February. And we were not alone: by ride time, 15 riders on 13 bikes were eager to get the show on the road. No wonder—we enjoyed temperatures in the 50s after a month in the 30s. We decided to leave an hour later in order to encourage our early riser from Eugene (**Chris Henry**). Mike jumped in front, followed by regulars **Chris**,



**Kim Dorsing and Janet Mathern, Neal Malagamba, Steven Polansky, Louie Robida;** occasional riders **Jim Howard, Bob Ingersoll, Craig Spearing, Mark Wegener, and Larry Wood**, and first-timer **Jeff Yarnall**. David chased the group, doing what he could to frustrate Diane's attempts to snap photos with cold, gloveless hands manning her iPhone.

Frigid, wintry days dictate low elevations and sunny surfaces. Fortunately, the valley offers

plenty of appealing alternatives especially east of I-5. Today we scooted toward Silverton where the elevations are low but the roads twist around parcels of homestead farmland like the barbed wire fences they follow. Many are roads we've seen before, but there are always one or two that leave locals saying, "I've lived here 30 years and I've never been on that road!"

I-5 is a necessary evil when it comes to southern rides—it's the quickest way to cross the river. Our first chance to depart was at Charbonneau and after a few miles without curves (a good thing perhaps; some of us hadn't been on the bike for two months), it was time to have some fun. The pavement was surprisingly clear of gravel and debris, not to mention the potholes that have plagued other neighborhoods.

After briefly heading due east, we headed south on Canby Marquam Highway. We were tempted to take some of the less-beaten paths, but flooding along the Pudding River persisted, leaving us a little queasy about taking a route we hadn't reviewed in the last day or two. As it turned out,



**David welcomes riders from their long winter hibernation**

*Photo by Chris Henry*



there were few signs of flooding... until we began the westward return north of Silverton. Standing water five feet deep inundated roads and farmland north of Silverton, just a few feet from our route.

Crossing I-5, we took in a little too much of west Salem before scooting into Keizer for breakfast. **Mommy & Maddy's** is a fine breakfast destination on River Road: a former country house with seating in every nook and cranny. We gathered in the attic, using every bit of table space available. Concerns about togetherness were allayed as soon as the six-egg omelets and world-class baked goods began to arrive.

Back on the road, we had a special treat for those that stayed until the bitter end. After a meander across Windsor Island, and a run through St. Paul, we headed north toward Portland. **The One Motorcycle Show** is a uniquely Portland event. Eight years running, it is a celebration of art and motorcycles, with plenty of zaniness thrown into the mix. Half of the fun is the venue; the show's organizers seem to dig deep into Portland's industrial past. This year found us in an old steel foundry,



### Regrouping near Silverton

*Photo by Diane Peterson*

two stories of motorcycles, painted helmets, and \$175 shop-rag shirts capturing everyone's attention. The perfect capstone on what we all hope was the first day of spring.

Check out photos from past First Saturday rides [here](#). And if you have photos of your own you want to share, don't hesitate to forward them to David at [dwpeterson01@yahoo.com](mailto:dwpeterson01@yahoo.com).

**Total miles, February Ride: . . . 178**

**Total First Saturday miles – 2017: . . . . . 178**

**Mommy & Maddy's**,  
4765 River Road North, Keizer, OR  
(503) 363-9000



### Barely enough room to breathe, let alone eat

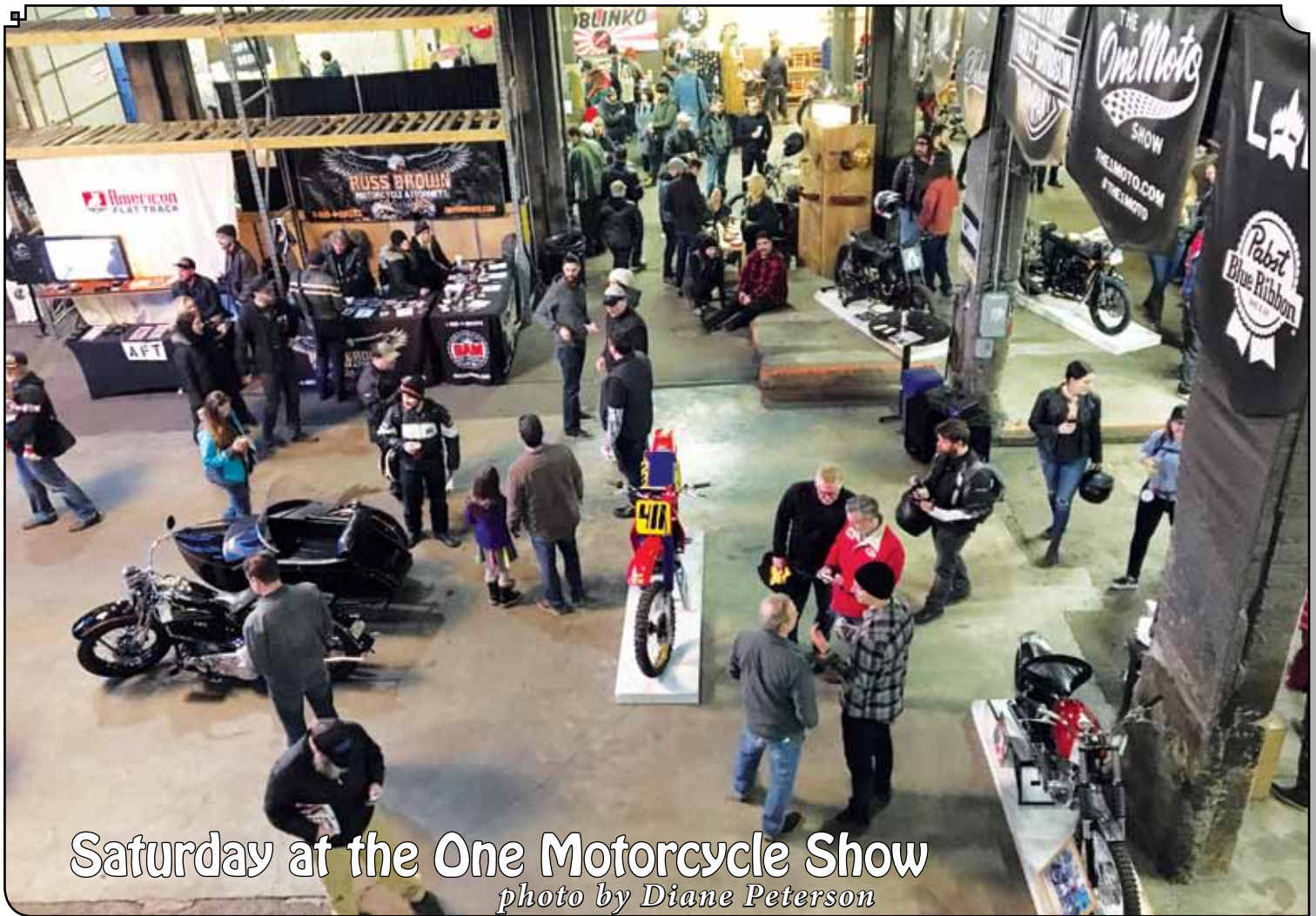
*Photo by Kim Dorsing*



### X-acto knife helmet at the One Motorcycle Show

*Photo by Chris Henry*





## Saturday at the One Motorcycle Show

*photo by Diane Peterson*

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